



Centre for
Heart Lung Innovation
UBC and St. Paul's Hospital

Health & Safety Week 2021

July 26 - 30, 2021
11:30 am - 12:30 pm
Via Zoom

For more information, please email Ivan Leversage at ivan.leversage@hli.ubc.ca

Time	Session
Monday, July 26	Opening Remarks – Dr. Don Sin “Security In-Service, Tips and Reminders” Speaker: Jason Saldanha
Tuesday, July 27	“Preventing Burnout – Managing stress, emotions and our tendency to give” Speaker: Miranda Massie
Wednesday, July 28	“Post-Pandemic at UBC: A Look at Where We Are and How We Got There” Speaker: Nick Steel
Thursday, July 29	“Ergo tips for home offices” Speaker: Abigail Overduin
Friday, July 30	Take 5 Café Host: Basak Sahin